

POSITIVE FUTURES



A Guide to our Services

CONSULTANCY AND TRAINING

ACHIEVING DREAMS. TRANSFORMING LIVES.

www.positive-futures.ie

SUPPORTING DECONGREGATION

Moving on from the old way of doing things is a huge challenge for many organisations. To achieve it, most need support from an organisation experienced in delivering person centred services in the community. It is not just about moving from a “medical” to a “social” model. Services need to recognise that the people they support are citizens with equal rights and responsibilities. Positive Futures has more than two decades’ experience in supporting people to make a successful transition from congregated living to the life of their choice in the community.

We can help by:

- Supporting senior managers to establish how services need to change
- Enabling managers and staff to develop the required values, skills and competencies
- Supporting key personnel to shape the vision of what success looks like and supporting the planning and implementation of the actions necessary to deliver that vision.

Positive Futures can be involved to whatever extent you need. We can also deliver community-based services to help meet your plans for successful decongregation.



At Positive Futures, we're positive about people with an intellectual disability, acquired brain injury or autistic spectrum condition. Everything we do is tailor made for individuals.

Our services make a huge difference to the people and families we support.

To find out more about how we can support you, get in touch:

+353 (0)1 853 7315
info@positive-futures.ie
www.positive-futures.ie



POSITIVE BEHAVIOUR SUPPORT

Positive behaviour support is an approach that helps reduce stress in the people we support and the people who care for them, whether families or staff.

It does so by establishing the causes of behaviours that challenge and addressing these. Our Behaviour Support Team have considerable experience in working with individuals with an intellectual disability, acquired brain injury or autistic spectrum condition.

Our Positive Behaviour Support specialists can:

- Complete comprehensive behavioural assessments and transition plans including mental health assessments, autism specific assessments, sensory profiling etc
- Support teams to develop behaviour support plans
- Provide accredited Positive Behaviour Management training for staff
- Provide support and guidance on dealing with behaviours that challenge
- Coach and mentor staff in communication skills, listening and information gathering, negotiation and problem solving and specific approaches such as low arousal, PECS, ABA, TEACCH or others.



HELPING PEOPLE LIVE THE LIVES THEY WANT

“The Life I Want” is an approach developed within Positive Futures to empower people with an intellectual disability, acquired brain injury or autistic spectrum condition to choose the life they want now and in the future.

This involves decisions about how people spend their time, who they want to support them and how they are supported. We bring together the person, their family, friends and staff from other organisations, listening to everyone’s opinions, so we can understand what is important to the person now and in the future. We call this “Planning Live”.

A variety of person centred tools are used throughout “The Life I Want” process to help teams understand what a “perfect week” looks like for each person.

By empowering people to make their own choices and by challenging traditional thinking about how to fulfil these wishes, we promote greater autonomy and independence.

OTHER TRAINING & CONSULTANCY

Positive Futures offers a wide range of training and consultancy in areas including:

- Organisational transformation and cultural change
- Developing Visionary Leadership
- Person Centred Planning
- Becoming a person centred organisation
- Accredited Positive Behaviour Management training
- Delivering a “good life”.

Find us on Twitter and Facebook

Mention us to your friends – the more followers we have on social media, the more we can spread the word about the services we offer for the people we support and the good news about the difference we are making to the people we support and their families.

Join the conversation

If you have a Twitter account, you can follow us @PFTweetsIE or find us at twitter.com/PFTweetsIE

Or find us on Facebook:
facebook.com/positivefuturesIE



POSITIVE FUTURES

Positive Futures
57 Clontarf Road
Dublin 3, D03 A7P0

+353 (0)1 853 7315
info@positive-futures.ie
www.positive-futures.ie

 @PFTweetsIE
 facebook.com/positivefuturesIE

Positive Futures: Achieving Dreams. Transforming Lives CLG is a Company Limited by Guarantee
Registered Office: 2/3 Terminus Mills, Clonskeagh Road, Dublin 6
Registered in Dublin, Ireland: 566738. Charity Registration Number: 20106348